

OTHER TOPICS

WOMEN AND SUBSTANCE USE

ALCOHOL, OTHER DRUGS,
AND PREGNANCY

ALCOHOL AND PREGNANCY
– PREVENTING FASD

SMOKING AND PREGNANCY

INFORMATION FOR PARTNERS
OF PREGNANT WOMEN

QUESTIONS AND ANSWERS
– ALCOHOL, OTHER
DRUGS, SMOKING,
AND PREGNANCY

AADAC'S ENHANCED
SERVICES FOR
WOMEN INITIATIVE

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For more information contact
your local AADAC office or
call 1-866-33AADAC or visit
our Web site www.aadac.com.

Where to Get Help

MORE INFORMATION

AADAC's Treatment Services for Women – General Information

If you are concerned about your use of alcohol or other drugs, there is help available. If you live in Alberta, the Alberta Alcohol and Drug Abuse Commission (AADAC) has programs that are confidential, professional and caring. AADAC's network of services offers:

- individual assessment and counselling services in communities across Alberta
- AADAC's Enhanced Services for Women providing community outreach, assessment, counselling, and after care support
- detoxification centers
- Opiate Dependency Program (ODP) offering methadone maintenance for pregnant women addicted to opiates
- residential treatment programs, including specialized treatment services for women at:
 - Henwood's Women's Program (Edmonton): a three-week intensive residential program
 - McDougall House (Edmonton): long term residential support
 - Aventa Addictions Treatment for Women (Calgary): treatment exclusively for women on an outpatient and residential basis

For further information on treatment services contact your nearest AADAC office or call toll-free at 1-866-33AADAC (1-866-332-2322).

For more information on pregnancy and substance use, or on fetal alcohol spectrum disorder (FASD), contact:

Canadian Centre on Substance Abuse —
FAS Web site
www.ccsa.ca/fasgen

Action on Women's Addictions —
Research and Education (AWARE)
www.aware.on.ca

Alberta Children's Services — From
Pregnancy to Parenting Web site
www.child.gov.ab.ca/acyi/parenting