

## Section VI – Additional Resources

## Contact Organizations

The following organizations can provide a variety of information including additional resources such as statistical information, videos, displays and tobacco-related lesson activities.

### **Alberta Health Services–Alberta Alcohol & Drug Abuse Commission (AHS–AADAC)**

Tobacco Reduction Unit  
2nd Floor, 10909 Jasper Avenue  
Edmonton, Alberta T5J 3M9  
Phone: 780-422-1350  
Fax: 780-427-2352  
www.aadac.com

### **Action on Smoking and Health**

Suite 1101, Empire Building  
10080-Jasper Avenue  
Edmonton, Alberta T5J 1V9  
Phone: 780-426-7862  
Fax: 780-426-7872  
www.ash.ca

### **The Lung Association**

P.O. Box 4500, Station South  
Edmonton, Alberta T6E 6K2  
Phone: 780-488-6995  
Toll Free: 1-888-566-LUNG (5864)  
Fax: 780-407-6829  
Email: info@ab.lung.ca  
www.ab.lung.ca

### **Health Canada**

Tobacco Control Programme  
P.L. 3507C  
Ottawa, Canada K1A 0K9  
Fax: 613-954-2284  
Telephone: 1-866-318-1116  
(staffed Monday through Friday  
8 AM to 4 PM ET; voice-mail available  
at all other times)  
Email: TCP-PLT-questions@hc-sc.gc.ca  
www.gosmokefree.com

### **Canadian Cancer Society**

Alberta/N.W.T. Division  
Suite 200, 2424-4 Street S.W.  
Calgary, Alberta T2S 2T4  
Telephone: 403-228-4487 or  
toll-free at 1 800 661-2262  
Fax: 403-228-4506  
E-mail: info@cancer.ab.ca  
For information about cancer,  
call the Cancer Information  
Service at 1-888-939-3333,  
Monday to Friday 9 AM to 6 PM

## Section VI – Additional Resources

## Useful Web Sites

The list of tobacco reduction Web sites is endless. Teaming Up for Tobacco-Free Kids has selected a few favourites. At each site you'll find even more suggested links (to keep you busily surfing in tobacco reduction cyber-world). Happy surfing!

### Teaming Up for Tobacco-Free Kids

[www.tobaccostinks.com](http://www.tobaccostinks.com)

This Web site was designed to enhance the Teaming Up program and was created specifically for students to learn about tobacco in a fun and interactive way.

### Alberta Health Services–Alberta Alcohol & Drug Abuse Commission (AHS–AADAC)

[www.aadac.com](http://www.aadac.com)

This site provides accurate and current information about tobacco, alcohol, other drugs and gambling. Check out the new tobacco section for information about preventing tobacco use, tips for quitting, and the Alberta Tobacco Reduction Strategy.

### Health Canada's Tobacco Control Program

[www.hc-sc.gc.ca](http://www.hc-sc.gc.ca)

Look here for great fact sheets, Canadian statistics about tobacco use, and other useful information about tobacco and health.

### Canadian Council for Tobacco Control/National Clearinghouse on Tobacco and Health

[www.cctc.ca](http://www.cctc.ca)

Access excellent fact sheets and resources on tobacco-related topics. You can also link to current statistics on Canadian tobacco use. This site also posts examples of tobacco companies' events sponsorships with photos of their event advertising. This site also offers an expansive list of tobacco links.

### British Columbia Ministry of Health

[www.tobaccofacts.org](http://www.tobaccofacts.org)

A great site for kids and adults. Information includes how to keep your child smoke-free and what the tobacco industry didn't tell us. Kids will love the Kids Zone section that includes such features as the "Puke Page".

### Canadian Cancer Society

[www.cancer.ca](http://www.cancer.ca)

A great site for finding statistical information and facts on tobacco use and the damage it causes our bodies. Information on quitting smoking is also available online.

### The Canadian Lung Association

[www.lung.ca](http://www.lung.ca)

Canada's premiere source for respiratory health information! A convenient A-Z directory makes it easy to find information about lung diseases and factors that influence lung health. The site also contains a teachers' resource page that hosts information and guides for teaching lung function related to tobacco use.

Section VI – Additional Resources — Useful Web Sites

---

**Centre for Disease Control (CDC)**

**[www.cdc.gov/tobacco](http://www.cdc.gov/tobacco)**

This site includes a Tips 4 Kids page and information on a variety of superb tobacco reduction programs across the United States. Find out how to order free posters and resources on media manipulation!

**Health In Action**

**[www.health-in-action.org](http://www.health-in-action.org)**

This site contains an inventory of programs, resources, public policy and research in Alberta, as well as an archive of Alberta's past tobacco reduction projects.

**The World Health Organization**

**[www.who.int/health\\_topics/tobacco/en](http://www.who.int/health_topics/tobacco/en)**

This site provides an international look at tobacco control and includes descriptions of activities, reports, news and events.

**Section VI – Additional Resources****References****AHS–AADAC**

Tobacco Basic's Handbook: Third Edition, 2002

Sense and Non-Sense: Healthy Choices About Alcohol, Drugs and Gambling - Grade 5, 1997.

**Alberta Learning**

Health and Life Skills, Kindergarten - Grade 9 Program of Studies Specific Outcomes.  
Draft, June 2000.

Queens Printer, Alberta Government  
Prevention of Youth Tobacco Use Act, April 2003.

**The Lung Association**

Smoke Free Class of 2000 Just for Fun!, 1991.

Smoke Free Class of 2000 Physical Education Grade 5 Lesson 4, 1991.

Smoke Free Class of 2000 Some Fact About Your Lungs Grade 5, 1991.

Smoke Free Class I Can Make a Choice, Grade 6, Lesson 3, 1991.

**ATRA**

ATRA Handbook: Tobacco Basics, 1999.

How Albertans View Tobacco (Public Opinion Survey), 1999.

Let's Make Smoking History. Fact Sheet: Second-hand Smoke, 1999.

Let's Make Smoking History. Fact Sheet: Tobacco Addiction and Cessation, 1999.

Let's Make Smoking History Fact Sheet: Smokeless Tobacco, 1999.

Let's Make Smoking History. Fact Sheet: Tobacco and Youth, 1999.

Let's Make Smoking History. Fact Sheet: Tobacco Industry Tactics, 1999.

Let's Make Smoking History. Fact Sheet: Sponsorship, 1999.

**Board of School Trustees School District 2**

Our Health - Our Future - Our Choice Integrated Tobacco Resource: Book 1. Moncton,  
New Brunswick. 1996.

Our Health - Our Future - Our Choice Integrated Tobacco Resource: Book 2. Moncton,  
New Brunswick. 1996.

## **British Columbia Ministry of Health and Ministry of Education**

bc.tobaccofacts: A Tobacco Prevention Resource for Teachers - Grade 6, 1999.

bc.tobaccofacts: A Tobacco Prevention Resource for Teachers - Grade 7, 1999.

Tobacco Industry's Poster Child (Poster).

Capital Health, Edmonton Public Schools & Tobacco Free Capital Region  
Creating Tobacco Free Schools: A Resource Guide, 1998.

Direction de la sante publique de Montreal-Centre and Health Canada.

Yes, I Quit Program Facilitator's Guide: Group cessation method for First Nations, 1997.

## **Health Canada.**

Back Talk, Media Wise and Feeling Good.

[www.hc-sc.gc.ca/hppb/tobaccoreduction/media.html](http://www.hc-sc.gc.ca/hppb/tobaccoreduction/media.html)

Break-Free All-Stars.

Improving the Odds.

Passive Smoke: Nowhere To Hide, October 1998.

The Tobacco Act, April 1999.

Tobacco Use Among High Priority Groups. Fact Sheets: Tobacco Use Among Aboriginal Peoples, 1995.

Canadian Tobacco Use Monitoring Survey Wave 1 February - June 1999.

Legislation Regulation & Compliance, Retrieved April 11, 2003 from [www.hc-sc.gc.ca/hecs-sesc/tobacco/legislation](http://www.hc-sc.gc.ca/hecs-sesc/tobacco/legislation)

## **Heart and Stroke Foundation**

Fact Sheet Environmental Tobacco Smoke: Behind the Smoke Screen.

## **Howland, Rebecca**

Lesson Plan Submission on Florida State University Science, Tobacco and You Teachers Resource Web site, [www.scienceu.fsu.edu/communications/lessonplans](http://www.scienceu.fsu.edu/communications/lessonplans).

## **National Clearing House on Tobacco and Health**

ETS & The Tobacco Industry, March 1997.

Youth and Tobacco: The Chains of Addiction, September 1993.

Smokeless Tobacco in Canada, April 1997.

The Office on Smoking and Health - Centres for Disease Control, Centre for Substance Abuse Prevention Substance Abuse and Mental Health Services Administration, The American Academy of Pediatrics and National Education Association Health Information Network.

Media Sharp: Analyzing Tobacco and Alcohol Messages.