

Profile

AADAC Youth Clients: April 2006 to March 2007 September 2007

During the 2006/2007 fiscal year, 4,918 clients received youth services at AADAC for their own use of alcohol, tobacco, other drugs or gambling. This number includes clients under 18 years of age, as well as 264 clients over 18 who were treated as youth based on their living situation. During the 2006/2007 fiscal year, 97% (4,764) of these clients received outpatient service, 11% (526) received detoxification services, 5% (223) participated in the youth intensive day program, and 2% (106) received residential treatment.¹

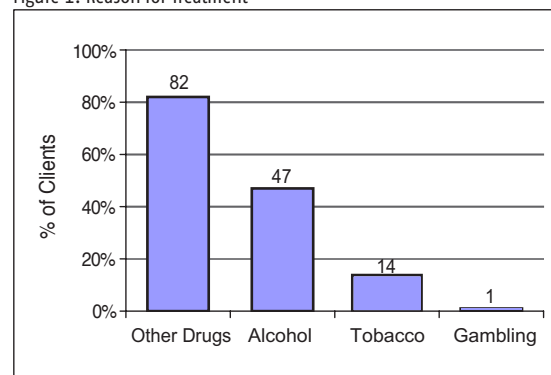
Demographic Characteristics of AADAC Youth Services Own Use Clients

- 58% were male and 42% were female.
- 1% were aged 11 or younger at admission, 50% were aged 12 to 15, 44% were aged 16 to 17, and 5% were aged 18 or older.
- 66% had completed at least Grade 9.
- 78% reported they were currently students.
- 24% were employed part-time and 5% were employed full-time.

Reason for Treatment

As part of their initial assessment, clients receiving assistance from AADAC are asked to identify why they are seeking treatment. Most clients at AADAC youth services for their own use were looking for treatment related to their use of other drugs (82%) or alcohol (47%). Fewer clients were looking for treatment related to tobacco use (14%) or gambling (1%).

Figure 1: Reason for Treatment



Alcohol, Tobacco and Other Drug Use and Concern About Use in the 12 Months Prior to Treatment

Clients receiving youth services for their own use most commonly reported using alcohol (91%), marijuana (89%) and smoked tobacco (73%). These were also the substances reported most frequently as a concern. Fewer youth clients reported using psychedelics (44%), cocaine (27%) and opiates (14%).

CLIENTS USING	SUBSTANCE	CLIENTS CONCERNED ABOUT USE
91%	Beer, wine or liquor	18%
89%	Marijuana or hashish	26%
73%	Tobacco – Smoke	21%
44%	Psychedelics	11%
27%	Cocaine	12%
14%	Opiates	3%
13%	Tobacco – Chew	1%
12%	Amphetamines/stimulants	2%
8%	Crystal methamphetamine	3%
6%	Antidepressants	1%
5%	Tranquillizers	1%
5%	Inhalants/solvents	1%
5%	Other drugs	1%
2%	Barbiturates/sedatives	<1%
2%	Talwin® and Ritalin®	<1%
2%	Non-beverage alcohol like Lysol® or rubbing alcohol	<1%
1%	Androgens (e.g., steroids)	<1%

Participation in Gambling Activities and Concern About That Participation in the 12 Months Prior to Treatment

The most common gambling activities youth clients reported involvement in during the 12 months prior to treatment were playing card or board games for money (18%), buying instant-win tickets (14%), playing games of skill for money (11%) and betting on sports events (9%). One per cent or less reported being concerned about each of the gambling activities.

CLIENTS PARTICIPATING	GAMBLING ACTIVITY	CLIENTS CONCERNED ABOUT PARTICIPATION
18%	Played cards/board games for money or other belongings	1%
14%	Played instant-win/pull-tab/scratch tickets	<1%
11%	Played games of skill for money or other belongings	1%
9%	Bet on sporting events	1%
6%	Played video or arcade games for money	<1%
5%	Bought lottery/fundraising tickets	<1%
4%	Played bingo for money	<1%
3%	Played or bet on other things	<1%
2%	Played VLTs	<1%
2%	Played slot machines	<1%
1%	Bet at horse races or tracks	<1%
1%	Bet in casinos	<1%
1%	Bet money on the Internet	0%

For further information contact AADAC Research Services at 780-427-0116.

1 Each client can report more than one reason for treatment, receive more than one type of treatment, report using more than one type of substance or participate in more than one type of gambling activity. Therefore, percentages may total more than 100% within the text, figures and tables.