

Profile

AADAC Clients Who Received Treatment for Their Use of Tobacco: April 2006 to March 2007

September 2007

During the 2006/2007 fiscal year, 8% or 2,460 of AADAC's 31,112 clients (1,661 over 18 years of age at admission and 799 under 18 years of age at admission) identified their use of tobacco as one of their reasons for coming to AADAC. (These clients will be referred to here as "tobacco clients.")¹ The majority of tobacco clients (96%) were seeking treatment for something else in addition to their tobacco use. Three-quarters of tobacco clients reported alcohol (75%) or other drugs (75%) as another reason for seeking treatment, and 10% reported their participation in gambling activities as another reason for seeking treatment.

Adult Services

Of the 2,460 tobacco clients, almost half (44% or 1,079 clients) received adult outpatient services, 13% (320 clients) received adult residential treatment, and 12% (286 clients) received adult detoxification services.

Youth Services

Over one-quarter of tobacco clients (27% or 666 clients) received youth outpatient services and 7% (160 individuals) received youth detoxification services. Less than 1% of tobacco clients received either youth intensive day treatment (11 clients) or youth residential treatment (10 clients).

Demographic Characteristics of AADAC Clients Who Received Treatment for Tobacco Use

- 63% were male and 37% were female.
- 18% were 15 years of age or younger, 14% were aged 16 or 17, 17% were aged 18 to 24, 47% were aged 25 to 54, and 4% were aged 55 or older.
- 66% were single (never married), 18% were married/common-law/partnered, 7% were separated, 8% were divorced and 1% were widowed.
- 38% had completed at least Grade 12.
- 44% reported being employed full-time or part-time, or being self-employed.

- The most common occupations reported were sales/service (20%) and construction (18%). Additionally, 32% reported having no usual occupation.

Alcohol, Other Drug and Tobacco Use and Concern About Use in the 12 Months Prior to Treatment

Almost all tobacco clients (94%) reported smoking tobacco during the year prior to seeking treatment. The majority also reported using alcohol (91%) and marijuana (70%). Additionally, 49% reported using cocaine, 32% reported using psychedelics, one-quarter (25%) reported using opiates and 20% reported using antidepressants.

Smaller proportions of clients indicated concern about their substance use during the year prior to seeking treatment. For instance, 61% of clients reported being concerned with their use of tobacco, 50% were concerned about their alcohol use, 29% were concerned about their marijuana use and 38% were concerned about their cocaine use.

CLIENTS USING	SUBSTANCE	CLIENTS CONCERNED ABOUT USE
94%	Tobacco – Smoke	61%
91%	Beer, wine or liquor	50%
70%	Marijuana or hashish	29%
49%	Cocaine	38%
32%	Psychedelics	11%
25%	Opiates	11%
20%	Antidepressants	5%
14%	Tranquillizers	6%
11%	Crystal methamphetamine	6%
11%	Tobacco – Chew	2%
10%	Amphetamines/stimulants	4%
7%	Barbiturates/sedatives	3%
6%	Other drugs	3%
4%	Inhalants/solvents	1%
3%	Androgens (e.g., steroids)	1%
2%	Non-beverage alcohol like Lysol® or rubbing alcohol	1%
2%	Talwin® and Ritalin®	<1%

Participation in Gambling Activities and Concern About That Participation in the 12 Months Prior to Treatment

The most common gambling activities reported by tobacco clients were buying instant-win tickets (30%), playing the lottery (29%) and playing video lottery terminals (VLTs) (25%), followed by playing cards or board games for money (19%) and playing slot machines (16%). Playing VLTs was the gambling activity reported most frequently as a concern (9%), followed by playing slot machines (6%), betting in casinos (5%) and playing instant-win tickets (4%).

CLIENTS PARTICIPATING	GAMBLING ACTIVITY	CLIENTS CONCERNED ABOUT PARTICIPATION
30%	Played instant-win/pull-tab/scratch tickets	4%
29%	Bought lottery/fundraising tickets	3%
25%	Played VLTs	9%
19%	Played cards/board games for money or other belongings	3%
16%	Played slot machines	6%
14%	Bet in casinos	5%
11%	Bet on sporting events	2%
11%	Played games of skill for money or other belongings	2%
10%	Played bingo for money	2%
4%	Bet at horse races or tracks	1%
4%	Played video or arcade games for money	1%
3%	Played or bet on other things	1%
2%	Bet money on the Internet	1%

For further information contact AADAC Research Services at 780-427-0116.

1 Each client can report more than one reason for treatment, receive more than one type of treatment, report using more than one type of substance or participate in more than one type of gambling activity. Therefore, percentages may total more than 100% within the text, figures and tables.