

# Profile

## AADAC Clients Who Received Treatment for Their Use of Drugs: April 2006 to March 2007

September 2007

During the 2006/2007 fiscal year, 64% or 19,949 of AADAC's 31,112 clients (15,912 over 18 years of age at admission and 4,037 under 18 years of age at admission) identified drugs other than alcohol and tobacco as one of their reasons for coming to AADAC. (These clients will be referred to here as "other-drug clients.")<sup>1</sup> The majority of other-drug clients (56%) did not identify any reason other than drugs for attending AADAC; however, more than one-third of these clients (41%) reported alcohol as another reason for treatment, 7% reported tobacco as another reason for treatment and 3% reported their participation in gambling activities as another reason for treatment.

### Adult Services

Of the 19,949 other-drug clients, the majority (61% or 12,208 clients) attended adult outpatient services. One in five (20% or 3,944 clients) received adult detoxification services, 9% (1,723 clients) received adult residential treatment, and 6% (1,207 clients) attended the Opioid Dependency Program.

### Youth Services

About 20% of other-drug clients (3,916 clients) received youth outpatient services and about 2% (488 clients) received youth detoxification services. One per cent of other-drug clients received youth intensive day treatment (200 clients), and another 1% (103 clients) received youth residential treatment.

## Demographic Characteristics of AADAC Clients Who Received Treatment for Drug Use

- 66% were male and 34% were female.
- 11% were aged 15 or younger, 9% were aged 16 or 17, 20% were aged 18 to 24, 59% were aged 25 to 54, and 1% were aged 55 or older.
- 63% were single (never married), 22% were married/common-law/partnered, 8% were separated, 7% were divorced and 1% were widowed.
- 43% had completed at least Grade 12.

- 44% reported being employed full-time or part-time, or being self-employed.
- The most common occupations reported were construction (22%) and sales/service (20%). Additionally, 24% reported having no usual occupation.

## Alcohol, Other Drug and Tobacco Use and Concern About Use in the 12 Months Prior to Treatment

The majority of other-drug clients reported using alcohol (83%), smoking tobacco (76%), using marijuana (70%) and using cocaine (62%) during the year prior to seeking treatment. Additionally, 29% reported using opiates and 24% reported using psychedelics.

Smaller proportions of other-drug clients indicated concern about their substance use during the year prior to seeking treatment. For instance, 33% reported being concerned about their use of alcohol, 30% were concerned about their tobacco use, 25% were concerned about their marijuana use, 51% were concerned about their cocaine use and 15% were concerned about their opiate use.

CLIENTS USING	SUBSTANCE	CLIENTS CONCERNED ABOUT USE
83%	Beer, wine or liquor	33%
76%	Tobacco - Smoke	30%
70%	Marijuana or hashish	25%
62%	Cocaine	51%
29%	Opiates	15%
24%	Psychedelics	7%
16%	Antidepressants	3%
15%	Tranquillizers	6%
13%	Crystal methamphetamine	7%
9%	Amphetamines/stimulants	4%
7%	Barbiturates/sedatives	3%
7%	Tobacco - Chew	1%
4%	Other drugs	2%
2%	Androgens (e.g., steroids)	<1%
2%	Non-beverage alcohol like Lyso® or rubbing alcohol	1%
2%	Inhalants/solvents	1%
2%	Talwin® and Ritalin®	1%

### *Participation in Gambling Activities and Concern About That Participation in the 12 Months Prior to Treatment*

The most common gambling activities reported by other-drug clients were buying instant-win tickets (26%), buying lottery tickets (23%), and playing video lottery terminals (VLTs) (21%). Playing VLTs was the gambling activity reported most frequently as a concern (5%), followed by playing slot machines (3%) and betting in casinos (3%).

CLIENTS PARTICIPATING	GAMBLING ACTIVITY	CLIENTS CONCERNED ABOUT PARTICIPATION
26%	Played instant-win/pull-tab/scratch tickets	2%
23%	Bought lottery/fundraising tickets	1%
21%	Played VLTs	5%
15%	Played slot machines	3%
14%	Played cards/board games for money or other belongings	1%
12%	Bet in casinos	3%
9%	Played bingo for money	1%
9%	Bet on sporting events	1%
8%	Played games of skill for money or other belongings	1%
3%	Bet at horse races or tracks	<1%
3%	Played video or arcade games for money	<1%
2%	Played or bet on other things	<1%
1%	Bet money on the Internet	<1%

For further information contact AADAC Research Services at 780-427-0116.

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1 Each client can report more than one reason for treatment, receive more than one type of treatment, report using more than one type of substance or participate in more than one type of gambling activity. Therefore, percentages may total more than 100% within the text, figures and tables.