

Profile

AADAC clients who received treatment for their use of alcohol: April 2007 to March 2008

September 2008

During the 2007-2008 fiscal year, 62% or 18,857 of AADAC's 30,498 clients¹ (16,344 over 18 years of age at admission, and 2,513 under 18 years of age at admission) identified alcohol as one of their reasons for coming to AADAC (these clients will be referred to here as "alcohol clients").² Just under half of alcohol clients (49%) identified reason(s) other than alcohol for attending AADAC; 9% identified tobacco use as another reason for treatment and almost half (46%) reported drugs other than alcohol and tobacco as a reason for attending treatment. Additionally, 4% of alcohol clients reported their participation in gambling activities as a reason for seeking treatment.

Adult services

Of the 18,857 alcohol clients, the majority, (72% or 13,575 clients) attended Adult Outpatient services. Eighteen percent of alcohol clients (3,344 clients) received adult detoxification services, and 8% (1,554 clients) attended adult residential treatment.

Youth services

About 12% of alcohol clients (2,200 clients) received youth outpatient services, and 3% (552 clients) attended youth detoxification. Less than 1% of alcohol clients (87 clients) received youth intensive treatment or youth residential treatment services (70 clients).

Demographic characteristics of AADAC clients who received treatment for alcohol use

- 68% were male and 32% were female.
- 7% were aged 15 or younger, 6% were

aged 16 or 17, 17% were aged 18 to 24, 64% were aged 25 to 54, and 6% were aged 55 or older.

- 52% were single (never married), 29% were married/common-law/partnered, 9% were separated, 8% were divorced, and 1% were widowed.
- 50% had completed at least grade 12.
- 55% reported being employed full-time or part-time, or being self-employed.
- Most common occupations reported were construction (23%), and sales/service (19%). Additionally, 18% reported having no usual occupation.

Alcohol, other drug and tobacco use and concern about use in the past 12 months

Almost all clients (95%) who attended treatment for alcohol reported using alcohol during the year prior to seeking treatment, and almost three-quarters (73%) reported smoking tobacco. Almost half (47%), of alcohol clients reported using marijuana during the year prior to seeking treatment, more than one-third (35%) reported using cocaine, and about one in five (19%) reported using opiates.

Smaller proportions of clients indicated concern about their substance use during the year prior to seeking treatment. For instance, 66% of clients reported that they were concerned about their use of alcohol, 31% were concerned about their smoking, 26% were concerned about their cocaine use and 15% were concerned about their marijuana use.

Table 1. Alcohol clients' substance use and concern about use during the past year¹

Clients using	Substance	Clients concerned about use
95%	beer, wine or liquor	66%
73%	tobacco – smoke	31%
47%	marijuana or hashish	15%
35%	cocaine	26%
19%	opiates	7%
17%	anti-depressants	3%
15%	psychedelics	4%
12%	tranquilizers	4%
8%	tobacco – chew	2%
6%	crystal methamphetamine	3%
5%	amphetamines/stimulants	2%
5%	barbiturates/sedatives	2%
3%	other drugs	1%
2%	androgens (e.g. steroids)	<1%
2%	non-beverage alcohol like Lysol® or rubbing alcohol	2%
1%	inhalants/solvents	<1%
1%	Talwin® and Ritalin®	<1%

Participation in gambling activities and concern about participation in the past 12 months prior to treatment

The most common gambling activities reported by alcohol clients were playing the lottery (30%), buying instant win tickets (27%) and playing video lottery terminals (VLTs) (23%). Playing VLTs was the gambling activity reported most frequently as a concern (5%), followed by playing slot machines (4%) and betting in casinos (3%).

Table 2. Alcohol clients' gambling participation and concern about participation during the past year¹

Clients participating	Gambling activity	Clients concerned about participation
30%	bought lottery/fundraising tickets	2%
27%	played instant-win/pull-tab/scratch tickets	2%
23%	played vlts	5%
15%	played slot machines	4%
14%	played cards/board games for money or other belongings	1%
13%	bet in casinos	3%
9%	bet on sporting events	1%
9%	played bingo for money	1%
7%	played games of skill for money or other belongings	1%
3%	bet at horse races or tracks	<1%
2%	played video or arcade games for money	<1%
1%	played or bet on other things	<1%
1%	bet money on the Internet	<1%

1 This profile does not include clients receiving service related to someone else's use of alcohol, tobacco, other drugs and/or gambling (3,279). It is also limited to clients receiving direct service from AADAC and does not include those served through funded agencies and programs.

2 Please note that each client can report more than one reason for treatment, receive more than one type of treatment, report using more than one type of substance, or participate in more than one type of gambling activity and therefore, percentages may total more than 100% within the text, figures, and tables.

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